





Cared for by the Missionaries of the Sacred Heart

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*From Fr Phil* – Hello, I have arrived back from my sabbatical this week, slightly earlier than anticipated.

In this challenging time, when many of us are unable to attend Mass in person I would encourage you to pray together as a family. Some prayers of intercession are on the next page, which you can pray individually, or as a family.

There are simple steps that we can all take that will make a huge difference. This week the ladies in the office have been reaching out to our parishioners, with a call to check in and see if anyone needed assistance with shopping or if they required a meal or just a call each week.

There are many people in our community who may be elderly or vulnerable and social distancing will require them being at home for long periods and having minimal interaction with other people. We would like to offer help where we can: if you need anything or know of anyone, please contact us at the parish. It is more important than ever that we stay in touch over the phone or online.

My sincere thanks for all the meals that have been dropped to the office this past week, St Brigid's is a kind and caring community, and the meals have already been distributed and greatly appreciated.

We are pleased to announce that our office renovations are complete and we are moving back downstairs over the next week. The parish office will remain open as long as possible.

Stay safe, stay in touch

God Bless

Fr Phil 30th March 2020

Parish Office (phone 9315 7562): Monday, Tuesday, Wednesday & Thursday: 9am to 3pm.

(Fr Phil— 0420 329 731)

Mass Offerings: Your prayers are requested for the following:

**Recently Deceased: Breanna** (road accident), Terese HanDok-hee, Peter Saide,

Paul Lum, Kathy O'Connor, Penny & Pably Yohanen.

Anniversary: Joan O'Keefe

Other Deceased: Francis and Will Champion, June Ann Knight, McGlinn Family,

Kathleen Colbran, Marie Cunningham, Brenda Dore, Essie, Heather and

Patricia Scott, Michael Cremin, John Keane

Sick: Chaiel Blacombe, Cathryn Ferguson, Paula Hudson, Elizabeth Khoury,

Susan Behan, Anne Stirling, Maureen O'Connor, Neil Thornton, Tony Cruikshank, Diane Gordon, Therese Warfield, Lyn Sweeney, Paul Evans, Owen O'Conner, Margaret Mary Foody, Trish Shadwick, Roslyn Powell, Jake Hudson, Michelle Thornton, Justin Wood,

Richard Healy, Joan Edwards, Jim Kavanagh, Marian Moreno, Judy Chock,

Faye Mather, Alex Campbell, Todd Hudson, Maximilian Naum,

Geoffrey Karpin, Chris Schneider.

Fr Phil will continue to offer private Mass for the intentions of parishioners (as listed above)

#### Prayers of intercession which can be prayed at home

- 1. We pray for the Church, that we may be a sign of hope in the time of crisis; may all who follow Christ bring the light of his love into the world.
- 2. We pray for those who are sick with the Coronavirus: for those who are isolated, or have lost their jobs as a result of the economic crisis, that they may have the help they need to find healing and new life.
- 3. We pray for doctors and nurses, that they may be strengthened in their good work as they imitate the goodness of Christ who brought healing to the sick.
- 4. We pray for the scientists who are working on a vaccine and other treatments, that they may have the gift of understanding and wisdom to reach this goal

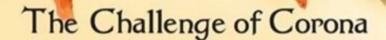
### New Information from the Archdiocese of Sydney

- 1. Churches are closed for all public liturgies.
- 2. Weddings and funerals continue according to Government specific limitations of numbers. (four people for weddings; ten for funerals).
- 3. Communion / pastoral visits to the elderly—contact Fr Phil.
- 4. To help people maintain their physical health and spiritual life through this crisis, the Archdiocese has a page on our archdiocesan website. For latest updates, prayers and spiritual resources, and to watch Mass online visit https://www.sydneycatholic.org/coronavirus-updates/.
- 5. OLSH Randwick has online Masses:

https://www.facebook.com/olshparish.randwick/

5. Wollongong Diocese has excellent live Sunday Mass at 9am each week

www.dow.org.au



We were flying to the Moon
We were finding life on Mars
We were dropping bombs with drones
We were getting bigger cars.

We were building finer homes Flying out to warmer lands We were busy buying clothes We were brushing up our tans.

We were throwing out good food While we watched the starving poor We kept burning fossil fuels And our air became less pure.

We were warned by our Pope Need to mind our Common Home Need to watch our Carbon Footprint Try to save our world from doom.

But we didn't want to listen And we didn't want to hear We just watched TV and Tablets Drank our wine and quaffed our beer

Then Corona chose to visit
We were all caught unprepared
This wee microscopic VIRUS
Has our whole world running scared.

So our hands we keep on washing And we're careful when we cough We stand six feet from our neighbour Cause this virus might jump off.

Now we live in isolation While our hearts are full of fear And we fill our fridge and cupboards Just in case it lasts a year. Pubs and cafés are forbidden And we dare not go to Mass Nursing homes we must not visit Hospitals we have to pass.

But this enforced isolation
Gives us lots of time to think
Time to clean the kitchen cupboards
Time to make our wardrobes shrink.

Could it be that this Corona
Is a blessing in disguise
Makes us think about our lifestyle
Makes us open wide our eyes.

We thought we were all important Greatest beings on this earth So we used it and abused it As if it were ours from birth.

But Corona is a challenge Makes us take a different view Helps us see what really matters What it is we need to do.

We must watch out for our neighbour Doing everything we can We are all in this together Let us love our fellow man.

God is with us every moment
Minding us with loving care
Now we know how much we need Him,
Let us talk to Him in prayer.

So Corona, thanks for coming Truth to tell, we needed you But don't overstay your welcome That, alas, would never do!

- Sr. Maud Murphy, SSL, Knock, Ireland



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A message from the Archdiocese of Sydney Abuse is a crime. The appropriate people to deal with a crime are the police. If you – or anyone you know – have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or <a href="mailto:safeguardingenquiries@sydneycatholic.org">safeguardingenquiries@sydneycatholic.org</a>.

You may also want to speak to your Parish Priest, who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police,

St Brigid's Parish Coogee Safeguarding Officer is Sharon Waller.