

Cared for by the Missionaries of the Sacred Heart

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**14th Sunday
Year A
4th / 5th
July, 2020**

In a nutshell

In trust and simplicity
we hear the Word of
God.

If we think we know
it all, the Word
passes over us and
we don't hear it.

In the depths of our
hearts, we are all
equal.

If we nestle in the
heart of Jesus, we
will come to know
him and the
Father too.

Our souls will find
refreshment and
know the gentleness
of the heart of God.

Today's Readings

Zechariah 9:9-10 See how humbly your king comes to you!
Romans 8:9.11-13 If by the Spirit you put an end to the misdeeds of the body, you will live.
Matthew 11:25-30 I am gentle and humble of heart.

"Come to me, all you who labour and are overburdened."

"Shoulder my yoke", says Jesus, and perhaps few of us have ever seen a yoke, unless we have been to an agricultural museum. They look like instruments of torture, and that is more or less what they are. They are different kinds. There is the heavy wooden bar used to "yoke" or couple two oxen together to pull a huge cart or plough, still used in some societies today. Oxen are not called "beasts of burden" for nothing. Even more terrible are the yokes used for shackling slaves. The word "yoke" has become a metaphor for something oppressive: the "yoke of slavery" and servitude.

But there is a better kind of yoke designed to make it easier to carry heavy loads. They are carrying-poles, not too heavy, used by explorers and adventurers on long expeditions, fitting across the shoulders around the back of the neck, allowing two bags to be hooked on and carried at each side. Wearing a yoke voluntarily, because it is helpful, is very different from forcing slaves to bear a yoke and carry terrible burdens.

Shouldering Christ's easy yoke, and learning from him, is what he tells us to do. And we can do this in all sorts of ways. First of all by experiencing his gentleness and humility, so that we can love him and realize his love for us.

He does not want life to be a burden.

He may suggest we let go in some ways, changing our priorities; maybe like Jesus who, when he was burdened with the heavy cross, did not insist on carrying it alone but was glad to have someone to help him: Simon of Cyrene. Sometimes it may just mean talking to someone. "Trouble shared is trouble halved": is a proverb attributed to Dorothy Sayers.

Jesus answers our prayers when we ask his help, and he gives us the strength to carry on, with a peace that comes from the Spirit of Christ living in us.

The Living Word, 2020

Entrance antiphon: Within your temple, we ponder your loving kindness, O God.
As your name, so also your praise reaches to the ends of the earth; your right hand is filled with justice.

Response to the psalm: I will praise your name for ever, my king and my God.

Gospel acclamation: Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the kingdom. Alleluia!

Readers		Ministers of Communion	
Saturday Vigil	Sr Jan O'Neil (Coordinator)	Saturday Vigil	Sr. Gabriel (Coordinator)
July	Sr Jan O'Neil	July	Michael Zador & others
August	John Betros		
Sept	Chelsea Albert		
Sunday 7.00 am	Peter Frost (Coordinator)	Sunday 7.00 am	Peter Frost (Coordinator)
July:	Peter Frost	July	Gary Keating
Sunday 9.30 am	Adele Cornale (Coordinator)	Sunday 9.30 am	Adele Cornale (Coordinator)
July 5th:	Sharron Critchley, Di Karas	July:	Pilar Ovelar, Phil Docherty.
		Sunday 6pm	Andrew Poidevin (Coordinator)
			Paula O'Connor.
Church Cleaners		Sacristy & Altar	
Paula O'Connor and other volunteers.		Pilar Ovelar & Carol Miller	
Money Counters—Parish Office		Altar Flowers	
July 5th:	Group 1	July 12th:	Group 2
July 19th:	Group 3	July 28th:	Group 4
		Nobuko Konda & Margaret Betros	

Mass Offerings: *Your prayers are requested for the following:*

Recently Deceased: Wendy Knipsel, Shane Clark, Geoffrey Karpin.

Anniversary: John Vonwiller, John Dawson, Phillip Poat

Other Deceased: Noel Aisbett, Francis and Will Champion, June Ann Knight, McGlinn Family, Eileen and Paul McMahon, Alma & Jack Saidey, Bill Jack, Jack Olde.

Sick: Paula Hudson, Bernice Ralston, Chaiel Blacombe, Cathryn Ferguson, Elizabeth Khoury, Susan Behan, Anne Stirling, Neil Thornton, Tony Cruikshank, Diane Gordon, Therese Warfield, Lyn Sweeney, Paul Evans, Owen O'Conner, Margaret Mary Foody, Trish Shadwick, Roslyn Powell, Jake Hudson, Michelle Thornton, Justin Wood, Joan Edwards, Marian Moreno, Judy Chock, Faye Mather, Alex Campbell, Maximilian Naum, Geoffrey Karpin, Chris Schneider.

The Scriptures (this Sunday's Gospel for prayerful reflection)

A reading from the Holy Gospel according to Matthew (11:27-30)

*On one occasion Jesus said: "The only one who truly knows the Father is the Son.
But the Son wants to tell others about the Father, so that they can know him too.
If you are tired from carrying heavy burdens, come to me and I will give you rest.
Take the yoke I give you.*

*Put it on your shoulders and learn from me. I am gentle and humble, and you will find rest.
This yoke is easy to bear, and this burden is light."*

St Brigid's Parish Information	
Mass Times	Saturday Vigil 5.00 pm, Sunday 7.00 am, 9.30 am and 6.00 pm
Morning Tea	Sundays after the 9.30 am Family Mass (NOT during Covid19)
Weekday Masses	Monday, Tuesday, and Thursday 9.30 am
Reconciliation	20 Minutes before Saturday Vigil Mass
Sacrament of Anointing	During 9.30am Mass, 2nd Thursday of each Month
Baptisms	By appointment, on the first and third Sundays of each month, <i>after 9.30am Family Mass, during the Covid19 pandemic restrictions.</i>
Marriages	By appointment, arranged at least six months in advance
Parish Office:	Monday, Tuesday, Wednesday & Thursday: 9am to 3pm.
Parish Office Number	9315 7562 (Fr Phil—pastoral emergencies only: 0420 329 731)

St Brigid's This Week & Beyond

Sunday 5th July—Following 9.30am Family Mass, we welcome two families celebrating the **Baptism** of their children: *Myja-Jae Annie Collina, daughter of Damon and Lisa; and Kobo Ryan O'Hara, son of Kevin and Emily.*

Thursday 9th July - Sacrament of Anointing during 9.30am mass.

On the weekend of 18th / 19th July, St Brigid's parish will be welcoming the Australian Provincial of the Missionaries of the Sacred Heart, Fr Chris McPhee, at all Masses. Fr Phil is also undergoing an appraisal, as he is in his sixth year as parish Priest here. Fr Chris is hoping to meet as many parishioners as he can over the weekend, and also meet with St Brigid's School & Parish Council.

Monday 20th July - Parish Pastoral Council will meet @ 7.30pm.

Tuesday 28th and Wednesday 29th July - First Reconciliation at 7pm on both nights.

Saturday 12th and Sunday 13th September - First Communion during Masses on this weekend. (*also we WILL be having Sacrament of Confirmation in Term 4*) **Fr Phil**

St Brigid's Social Justice Group - Thank you for the wonderful response, a typical Coogee blessing. We took 18 bags of necessities plus cash to the Asylum Seekers Centre. Normally they provide 400 meals per week to refugees. Now they are providing 4000. Your generosity is much appreciated. **Social Justice Group**



Happy Birthday!!

Birthday celebrations this week for Fr Phil, and our much loved parishioner, John Betros, who celebrated significant birthdays on Thursday 2nd July. We enjoyed a morning tea after 9.30am Mass.

Ceramic Crosses for Sale

These beautiful ceramic crosses are Australian made and available to purchase for \$25 each, please call the parish office.

Volunteers are required to reopen our piety store as soon as possible.

Fr Phil



VINNIES COVID -19 WINTER APPEAL 2020

Congratulations to St Brigid's Primary school who raised \$2,048 in their recent Pyjama Day and winter sleep-out.

You can help families impacted by COVID-19 to pay their bills, put food on the table and keep a roof over their head.

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*Envelopes are also available in the church foyer





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A message from the Archdiocese of Sydney

We are kindly asking for your help in promoting the CyberSafety Survey in your parish community. It would be greatly appreciated if you could please promote and share this link to the CyberSafety Survey <https://www.surveymonkey.com/r/TC7CYQ3> for the next 4 weeks in your bulletin, social media platforms, website, emails, youth ministry groups and livestreams to encourage your parish community to take part. The Safeguarding Office hopes that with your help, together we can develop a suite of eSafety resources that will educate the Archdiocese community about eSafety.

St Brigid's Parish Coogee Safeguarding Officer is Sharon Waller.