

Bridie

St. Brigid's Parish Community, Coogee



Cared for by the Missionaries of the Sacred Heart

Parish Priest: Fr Phillip Hicks msc
Secretary: Caroline Doherty
Sacramental Co-ord: Inez Augustine
Safe Guarding Officer: Sharon Waller

Phone: 9315 7562
Website: www.stbrigidscoogee.org.au
Email: stbparish_coogee@yahoo.com.au
philhicksmc@gmail.com

St Brigid's Primary School
Principal - Diane Cowan
160 Coogee Bay Rd Coogee NSW 2034
Phone: 9665 5771 **Fax:** 9665 1326



Feast of The Assumption Of Mary 15th August 2021

If you or anyone you know needs help:

- [Lifeline](#) on 13 11 14
- [Kids Helpline](#) on 1800 551 800
- [MensLine Australia](#) on 1300 789 978
- [Suicide Call Back Service](#) on 1300 659 467
- [Beyond Blue](#) on 1300 224 636
- [Headspace](#) on 1800 650 890
- [ReachOut](#) at au.reachout.com
- [Care Leavers Australasia Network \(CLAN\)](#) on 1800 008 774

Today's Readings

Revelation 11:19:-12:6 A woman adorned with the sun, standing on the moon.
1 Corinthians 15:20-27 Christ as the first-fruits and then those who belong to him.
Luke 1:39-56 The Almighty had done great things for me, he has exalted the lowly

Traditions of the Day

Every country that celebrates the Feast of Assumption has its charming traditions. In many Eastern countries, ladies with the name 'Mary,' or have a name derived from 'Mary', welcome everyone to their homes in honor of the Blessed Mary.

Celebrations are marked grandly with colorful festivals, street processions, pageantry, and fireworks displays. Hosting a feast is not a requisite, but there are special recipes for the occasion that are incorporated into family dinners and the tradition of blessing the harvest is upheld.

The day is known as the Feast of Our Lady of Herbs in Poland, with bouquets made of blossoms and herbs that are taken to church. Children sing hymns at churches and grown-ups dance to the melody of the polonaise.

Parades with marching bands, funfairs, games, races, costume contests, dancing, and other family-friendly events take place throughout Spain on this day. In Sicily, in honor of Mother Mary, partial or complete abstinence from fruit is observed during the first two weeks of the month. On the feast day, all types of fruit are blessed at church and indulged in.

In France, the statue of Mary is carried in processions with great splendor through the towns and cities on August 15, with accompanying peals of church bells and hymns sung in her honor. Finally, a popular old custom on the Feast of Assumption is blessing the sources of harvest. Before the Reformation, in all Christian countries, the clergy would bless the farms, orchards, countryside, and gardens. This ritual is still performed today in the Western parts of Austria, as the 'Blessing of the Alps.'



The Assumption (August 15) refers to the Blessed Virgin Mary being assumed - body and soul - into heaven at the end of her earthly life. "Assumption" is different than "ascension" because one is passive (i.e. one is assumed) and the other is active (i.e. one ascends).

Dear Parishioners,

Last Monday I was shocked and saddened to read that *“Lifeline recorded their highest numbers of daily calls on record as lockdown exacerbates loneliness and hardship (ABC news 4/8/21).* I would urge our community to reach out to neighbours and friends. There are many organisations that are available to provide support, if required and please email the parish if we can help in anyway. I am now connecting via Zoom, and whilst new to this technology, am finding the social interaction great; every Friday midday we have Zoom liturgy with all the children at home.

Travel gently over this coming week, with blessings and love . Fr Phil

Mass Offerings: *Your prayers are requested for the following:*

Recently Deceased: **Carmel Binns** (funeral 13th August), Judy Soemono, Fr Bernie McGrane msc, Sister Anne O’Shaughnessy oln, Maria Sarno, Marilou Jocson.

Other Deceased: Jean Flaherty, Jeff Colenso, Elna Coyco, Nilda Coyco.

Anniversary: **Muriel Eves (8th August)**

Sick: Sister Gabriel Bast oln, Mariana Wagei, Melinda Craig, Goretti McMonagle, Beverly Flint, June Ferguson, Peter Allan, Petra King ,Michael Sweeney, Rowan Tierney, Alison Elliott, John Cavanagh, Janet Neenan, Justin Wood, Rob Williams.

OPTIONS FOR ONLINE BOARD GAMES

WORD GAMES

Boggle
eWordChallenge.ScienceOnTheWeb.net.
(2+) Sign up for a name. Refresh and join game. Easy-to-join ongoing public games are at Weboggle.info and SerpentineGame.com. Cyberspaces.app/wordmine features video chat for 8 people, join easily with shared link.

Just One
OneWord.games, (3-7) Share room name. Don't have to sign up.

Fishbowl / The Hat Game
Fishbowl-Game.com. (4+) Share game code. No sign up involved.

Taboo
PlayTaboo.com. (2+) Everyone visits same site, no connecting. Just generates new words.

Bananagrams
Anagrams.JonMarkGo.com. (2-8)
Not really bananagrams, close enough. Create room and share link, sign up to have a name.

Scrabble
isc.ro. (2-4) Sign up, send game invites. There's many options for online scrabble!

Scatagories
ScattergoriesOnline.net. (2-34)
Share link. Sign up for extra categories. KeiranKing.com/Gary/ is a simple alternative with no connecting, just generates new cards.

Out of Context
OutOfContext.party. (2+). Features various "Build the Story" type games (read the rules for each one). Share game code, no sign up involved.

Sherried Veal Chops by Margaret Betros

PROCEDURE
Chop onions, brown in butter.
Push to one side and brown flour-dipped chops.
Add all other ingredients crushing or chopping the garlic and seeding and slicing the capsicums.
Simmer for 32-40mins until sauce is reduced and chops are cooked

INGREDIENTS
8 VEAL CHOPS
LITTLE FLOUR
2 LARGE ONIONS
1 LARGE CLOVE GARLIC
3 OZS BUTTER
1 RED & GREEN CAPSICUM
3BSP SWEET SHERRY
2 CUPS OF STOCK
SALT, PEPPER

SERVES 4

St Brigid's Parish Information
Church currently closed due to stay at home order

Mass Times	Saturday Vigil 5.00 pm, Sunday 7.00 am, 9.30 am and 6.00 pm
Morning Tea Weekday Masses	Sundays after the 9.30 am Family Mass (NOT during Covid19) Monday, Tuesday, and Thursday 9.30 am
Reconciliation	20 Minutes before Saturday Vigil Mass
Sacrament of Anointing	During 9.30am Mass, 2nd Thursday of each Month
Baptisms	By appointment, on the first and third Sundays of each month, <i>after 9.30am Family Mass.</i>
Marriages	Saturdays , by appointment, arranged at least six months in advance.
Parish Office:	Monday, Tuesday, Wednesday & Thursday: 9am to 3pm. Phone 9315 7562. (For pastoral emergencies, contact Fr Phil 0420 329 731)

Vale Carmel Bínns

On Friday we had a intimate funeral for our dear parishioner Carmel Binns. Father Terry Bowman msc and I assisted Fr Peter Carroll msc in our requiem mass for Carmel.

Special thanks to John and Margaret Betros who prepared the altar and flowers and represented our parish at the mass. I would like to share with you Fr Terry's tribute..

I would like to begin with saying that Fr Bob Irwin msc sends his apologies - he is stranded in Victoria because of the lockdown. He has this say, "You and others may have been the Parish Priest at St Brigids", but Carmel was the boss of the Church! "Carmel was a wonderful woman, strong, stubborn, dedicated, generous, lovable and with a heart bigger than her body." Thanks Fr Bob.

I was Parish Priest of St Brigid's for 9 years and Carmel played a significant role in my own life and in the life of the Parish Community. In lots of ways, St Brigid's was Carmel's lifeline - it was here that she was nourished at the table of the Lord and she was a well-respected and valued member of our Parish Community. I think St Brigid's was Carmel's' second home.

She was sacristan, which meant she set up for Mass every day - a job she took very seriously. She was also involved in helping to decorate the church with flowers, especially at the special time of the year like Easter and Christmas. She loved making the Church beautiful for her God.

Carmel was also in charge of the piety stall and she had a thriving business selling religious objects to many of the parishioners and beyond. I believe now she is trying to set up a piety stall at he pearly gates beside St Peter.

Carmel had a strong personality and had a deep faith in her God and a very strong devotion to Mary her Mother. She, also had a deep love for the Missionary of the Sacred Heart Priests, who were here over the years and she protected us furiously.

I know many parishioners found it hard to get past Carmel if they wanted to see me in the sacristy after Mass. People had to have a really good reason if they wanted to see me after Mass.

However, under all this, Carmel had a loving and generous heart. She also loved a good party and I was privileged to have many dinners over the years with Carmel and friends and of course she loved her glass of red.

So dear Carmel I want to say that St Brigid's has been extremely blessed to have had you as their beautiful parishioner and friend for many years - we love you and we will never forget you

Rest in peace dear friend.

Fr Terry

"We have known Carmel Binns through St Brigid's church for over 50 years. Carmel was a sacristan, cleaner, flower arranger and had other duties at St Brigid's. She was ever present. Carmel had a cheery and feisty personality with a cheeky repartee and a quick quip. Carmel was much valued and appreciated. We remember her and pray for her." *John Betros*



Coogee Real Estate



Local. Realised. All things Property



CRE

James Giltinan


0417 250 691
james@coogeere.com.au

- 26 years servicing the Coogee market
- Free sales and rental appraisals
- Experience with retirement living and aged care options
- Careers advice for those seeking to start a career in real estate

206 Coogee Bay Rd,
Coogee NSW 2034

P (02) 9665 3341
info@coogeere.com.au

CoogeeRealEstate
coogeerealestate.com.au



Coogee Yoga

New Iyengar **YOGA**
Studio at St Brigid's Parish grounds.

Come and try a **FREE** class.

Introductory passes - \$50 unlimited for one month
Suitable for all ages and abilities ALL WELCOME

Contact Sophie at info@coogeeyoga.com.au 0418 226 330
www.coogeeyoga.com.au 135E Brook St Coogee NSW

HAVE CONFIDENCE IN YOUR SMILE!


Dr Docherty who is a St Brigid's parishioner is one of Sydney's leading cosmetic dentists and an international lecturer.

Book a **smile consultation today** which involves a comprehensive examination, 3D digital scan of the mouth and a personalized smile design, for \$300.


* If you go ahead with a cosmetic treatment, this will come off the total cost.

Dr Aodhan Docherty
BMedSci, BDent (Hons), GradDip Clin Dent (Oral Implants)

TEL: (02) 9313 6388

about  **Smiles**
dental centres

Shop 4, 6 Defries Avenue, Zetland
(Near the Moore Park SupaCenta)



BEFORE

AFTER

Blooms  **THE CHEMIST**

We will match any Competitor's Price

- *Prescription Advice
- *Asthma & Allergy Centre
- *Sleep Apnea equipment
- *Baby Clinic
- *Diabetes Australia

Paul Sharman
202 Coogee Bay Road Coogee Tel: 02 9665 5158
Open 7 days until 9pm

Give your kids a **lifetime gift**



Specialist Orthodontist
Dr Irene Bomba B.D.S., M.D.Sc.(Uni of Syd)

FREE FIRST CONSULTATION FOR ST BRIGID'S PARENTS

Let Dr Bomba Care for your kids

 Join us on Facebook to have a conversation with Dr Irene Bomba

No referral needed!

P: (02) 9349 5797
E: enquiry@irenebomba.com.au
11 Sturt St, Kingsford 2032



For construction with confidence call **Dominic Herbert**
0410 330 400

Design-to-build project planning
Development & approval management
Home & commercial in & around Sydney
New builds & refurbishments

BUILDER'S LIC #148072c
WWW.FIRSTCLASSCONSTRUCTION.COM.AU

3 GENERATION FAMILY BUSINESS

CONELLA MOTORS
 **GOOGEE**

EST 1963

73 DUDLEY ST. PH.96654656

**LOG BOOK SERVICING
EXPERT MECHANICAL REPAIRS
AUTHORISED INSPECTION STATION
LIC NO. MVRL727**

A message from the Archdiocese of Sydney

Child sex Abuse is a crime. The appropriate people to deal with a crime are the police. If you – or anyone you know have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org.

You may also want to speak to your Parish Priest, who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police. **St Brigid's Parish Coogee Safeguarding Officer is Sharon Waller.**

SELF-LOVE CHECKLIST

- ☒ Take a few deep breaths.
- ☒ Drink a glass of water.
- ☒ Do some stretches.
- ☒ Listen to your favorite song.
- ☒ Take a long warm bath.
- ☒ Reflect on your goals.