



St Brigid's Parish Community, Coogee

Cared for by the Missionaries of the Sacred Heart



Parish Priest: Fr Thoi Tran msc Secretary: Caroline Doherty Sacramental Co-ord: Inez Augustine Safe Guarding Officer: SharonWaller Website: www.stbrigidscoogee.org.au Email: stbparish_coogee@yahoo.com.au Phone: 9315 7562 St Brigid's Primary School Principal: Diane Cowan 160 Coogee Bay Rd Coogee NSW 2034 Phone: 9665 5771



Fourth Sunday of Ordinary Time Year A 28th/29th January 2023

In a nutshell

Jesus sets us a plan of life that seems totally at variance with our preconceived ideas of happiness and a successful life, and then bids us rejoice.

How are we to understand and live this?

We can do so only, if like Jesus, we transcend ourselves and our selfish interests and gratifications, if we embrace the common good of all peoples near and far, in this life and the next.

Readings for this weekend

Zephaniah 2:3; 3:12-13 1 Corinthians 1;26-31 Matthew 5:1-12 In your midst I will leave a humble and a lowly people God has chosen what is weak by human reckoning Jesus outlines those to whom the kingdom of God belongs

REFLECTION

I begin to settle gently, thankful to have this special time with the Lord. Though I may not be aware of his constant companionship, I can be assured that he is always present, ready to listen to whatever I may say.

I take a few moments to notice how I am feeling, and place myself before the Lord. Perhaps I make the sign of the cross or light a candle. I ask God's Spirit to guide my prayer, to help me be more attentive and to open my heart wider to whatever he may wish to show me. When ready, I slowly read and re-read the passage through. I notice any word or phrase to which I may be drawn: perhaps humble ... lowly ... shelter ... integrity ... commands ... refuge ... rest ...?

What is it that draws me to them? How do they make me feel? I may want to talk to the Lord about what these words stir within me, just as I would to a dear friend. What grace might I seek to help me 'obey his commands', to follow the Lord more closely?

I may like to end this part of my prayer with these words adapted from St Richard of Chichester:

Dear Lord,

May I know you more clearly, love you more dearly and follow you more nearly, day by day.

Amen

Courtesy of St Beuno's Outreach in the Diocese of Wrexham, UK

Entrance antiphon: Save us, Lord our God, and gather us together from the nations, that we may proclaim your holy name and glory in your praise.

Response to the psalm: Happy the poor in spirit; the kingdom of heaven is theirs!

Gospel acclamation: Alleluia, alleluia! Rejoice and be glad; your reward will be great in heaven. Alleluia!

WISH TO DONATE ONLINE

We are pleased to offer the option for Parishioners or visitors to donate online through our website. Scan this QR code to donate. Please call the parish office with any questions.

Tel: 9315 7562



Readers

Saturday Vigil 5pm January	Sr Jan O'Neill (Coordinator) Jan O'Neill and John Betros
Sunday 7.00 am	Peter Frost (Coordinator) Peter Frost & Linda Rath
Sunday 9.30am	Di Karas Sharron Critchley

Sunday 6pm Paula O'Connor (Coordinator)

Church Cleaners

Paula O'Connor, Margaret & John Betros and other volunteers

Money Counters

January 29th:Group 4February 5th:Group 1February 12th:Group 2February 19th:Group 3

Ministers of Communion

Saturday Vigil 5pm January

Sunday 7.00 am January Sunday 9.30 am

January Sunday 6pm Sr Gabriel (Coordinator), John Betros, Radmila Lewis

Peter Frost (Coordinator), Gary Keating

Adele Cornale (Coordinator), Pila Ovelar

Paula O'Connor (Coordinator)

Sacristy & Altar

Pilar Ovelar & Carol Miller

Altar Flowers

Pilar Ovelar, Carol Miller & Margaret Betros

Piety Stall (5pm Vigil Mass) Carol Miller

Parish Council Meeting

Monday 6th February - 5.30pm in the parish office.

Morning Tea Morning tea today after 9.30am Mass. Thank you to Inez and Alvin for hosting.



Mass Intentions —your prayers are requested for the following:

Recently Deceased	Damien Maree, Antonius Arifin, Cardinal George Pell
Anniversaries	Kim Eves, John Lawson, Mable Rodden, Peter Byrnes, Anne Flaherty
Deceased	Eileen and Paul McMahon, Fitzpatrick Family, Kit and Bill Sanders, Bill Jack, Jack and Alma Saidey, Jack and Carmel Saidy Olde and Carmel Olde.
Sick	Fr Phil (undergoing treatment) ,Geoff Wall, Sean Mullin, Catherine Sharpley and June Ferguson

St Brigid's Parish Information

Mass Times	Saturday Vigil 5.00 pm, Sunday 7.00 am, 9.30am and 6pm
Morning Tea	Thursday at 10am and Sundays after the 9.30am Family Mass.
Weekday Masses	Monday, Tuesday, Wednesday, Thursday and Friday – 9.30 am
Reconciliation	20 Minutes before Saturday Vigil Mass
Sacrament of Anointing	During 9.30am Mass, First Friday of every month.
Baptisms	By appointment, on the first and third Sundays of each month, <i>after</i> 9.30am Family Mass.
Marriages	Saturdays, by appointment, arranged at least six months in advance
Parish Office:	Monday, Tuesday, Wednesday & Thursday: 9am to 3pm. Phone 9315 7562.

St Brigid's This Week and Beyond

Dear Parishioners,

As our new school year commences this week, teachers and students are filled with anticipation of what the year will deliver and we hope that it will be a rewarding and fulfilling experience for all. We look forward to welcome back all families and encourage new families to say hello at any one of our Masses.

Thursday 2nd February - Feast of St Brigid Mass at 9.30am followed by morning tea in the parish hall. All are welcome.

St Brigid's Primary school will join us for Mass on Friday 3rd February at 9.30am.

Accommodation required in Coogee/Randwick area - Unit/house for 4 people (house sit or rent) 27th March - 7th April (or part there off). Relatives coming overseas - contact Phil 0404 005 527

Fr Thoi & the parish team



St Brigid's Feast Day Morning Tea

Please join us to celebrate our patron saint feast day on Wednesday, 2nd February Mass at 9.30am and morning tea in the hall to follow

St Brigid's Day Prayer

Brigid you were a woman of peace.

You brought harmony where there was conflict.

You brought light to the darkness.

You brought hope to the downcast.

May the mantle of your peace cover those who are troubled and anxious, and may peace be firmly rooted in our hearts and in our world. Inspire us to act justly and to reverence all God has made.

Brigid you were a voice for the wounded and the weary.

Strengthen what is weak within us. Calm us into a quietness that heals and listens.

May we grow each day into greater wholeness in mind, body and spirit.

Amen.

St. Brigid's Feast Day is 1st February.



Sacrament Dates 2023 (Contact Inez at sacramentcoogee@gmail.com with any enquiries)

- First Reconciliation online registration 5th Dec 20th Feb. Parent info session followed by commitment mass at Sat 25th Feb at 4pm. Celebration of Reconciliation Wed 29th March 5pm or 7pm.
- Confirmation online registration 24th Apr 14th May. Parent info session and commitment mass Sat 20th May at 4pm and Confirmation Mass Wed 28th June.
- **First Eucharist** online registration 17th July 1st Aug. Parent info session and commitment mass Sat 5th Aug at 4pm. First Eucharist Mass Sun 10th Sep 11am or 1pm.





New Iyengar **YOGA** Studio at St Brigid's Parish grounds.

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A message from the Archdiocese of Sydney Child sex Abuse is a crime.

The appropriate people to deal with a crime are the police. If you – or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenguiries@sydneycatholic.org.

You may also want to speak to your Parish Priest, who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police. *St Brigid's Parish Coogee Safeguarding Officer is Sharon Waller.*