



Bridie

St Brigid's Parish Community, Coogee
Cared for by the Missionaries of the Sacred Heart



Parish Priest: Fr Thoi Tran msc
Secretary: Caroline Doherty
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St Brigid's Primary School
Principal: Diane Cowan
160 Coogee Bay Rd Coogee NSW 2034
Phone: 9665 5771



The Most Holy Body and Blood of Christ
Year A 10th/11th June 2023

In a nutshell

Jesus gives us his life giving food for our life's journey with the assurance that if we eat it, we will live for ever.

Even in this life, we will find strength in him and he will live in us and be our friend.

When Jesus is within us we can speak with him, and our love will grow deeper and stronger until we see him face to face.

Readings for this weekend

Deuteronomy 8:2-3, 14-16 He gave you food which you and your ancestors did not know
1 Corinthians 10:16-17 Though we are many, we form a single body because we share this one loaf
John 6:51-58 My flesh is real food and my blood is real drink.

REFLECTION

I take a few moments to become comfortable as I prepare for prayer, becoming aware of my breathing. I try to let go of my needs . . . of anything that preoccupies me. I ask God for the grace of an expectant, open heart, receptive to whatever he offers. When ready, I read Jesus's words, slowly and gently. There is no need to rush. If a particular phrase draws me, I linger with it, savouring the words.

Jesus speaks to me here about the great mystery of the Eucharist; how he gives of himself totally for the life of the whole world. I may imagine this Cosmic Christ animating all of creation, from the smallest elements to the vast universe. I ask God to help me wake up to this life-giving power.

Perhaps I find myself filled with awe and wonder, and allow that to nourish me. I pray to draw life from Christ as he drew life from the Father. I may speak to the Lord about what has arisen in my prayer, or I may simply sit in silence, basking in the love of the Trinity. I end with a slow blessing: of the *Father, the Son and the Holy Spirit*.

Courtesy of St Beuno's Outreach, the diocese of Wrexham, UK

Entrance antiphon: The Lord fed his people with the finest wheat and honey; their hunger was satisfied.

Response to the psalm: Praise the Lord, Jerusalem

Gospel acclamation: Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live forever. Alleluia!

WISH TO DONATE ONLINE

We are pleased to offer the option for Parishioners or visitors to donate online through our website. Scan this QR code to donate. Please call the parish office with any questions.

Tel: 9315 7562



Readers

Saturday Vigil 5pm June Sr Jan O'Neill (Coordinator)
Chelsea Albert

Sunday 7.00 am Peter Frost (Coordinator)

Sunday 9.30am John Rouen - Anna & Claudia

Sunday 6pm Paula O'Connor (Coordinator)

Church Cleaners

Paula O'Connor, Margaret & John Betros

Money Counters

June 11th: Group 1 **June 18th :** Group 4
June 25th: Group 3 **July 2nd:** Group 2

Ministers of Communion

Saturday Vigil 5pm June Sr Gabriel (Coordinator),
Sr Jan O'Neill

Sunday 7.00 am June Peter Frost (Coordinator),
Peter Frost

Sunday 9.30 am June Adele Cornale (Coordinator),
Phil Docherty

Sunday 6pm Paula O'Connor (Coordinator)

Sacristy & Altar

Pilar Ovelar & Carol Miller

Altar Flowers

Pilar Ovelar, Carol Miller & Margaret Betros

Piety Stall

(5pm Vigil Mass) Carol Miller

First Eucharist Sunday 10 September

Online registration 17th July – 1st August.
Info session and commitment mass
Saturday 5th August at 4pm.

Morning Tea

Thank you to Therese and
Paul for hosting morning
tea.



Mass Intentions — your prayers are requested for the following:

Recently Deceased Billy Gleeson(Ireland), Clare Nowland

Deceased Richard Mason (Month's Mind), Rod Hillier, Dibos Senior, Jack & Carmel Saidey Olde, Jack & Alma Saidey, Ned Ferguson, Robert Perry

Sick Adelina Murray, Greg Biddle, Anne Eves and Sharyn Eves, Maroun Ghorra, Catherine Sharpley and June Ferguson

Anniversary Anne-Marie Pyemont, Mollie McCabe, Joyce Head

St Brigid's Parish Information

Mass Times Saturday Vigil 5.00 pm, Sunday 7.00 am, 9.30am and 6pm

Morning Tea Thursday at 10am and Sundays after the 9.30am Family Mass.

Weekday Masses Monday, Tuesday, Wednesday, Thursday and Friday – 9.30 am

Reconciliation 20 Minutes before Saturday Vigil Mass

Sacrament of Anointing During 9.30am Mass, First Friday of every month.

Baptisms By appointment, on the first and third Sundays of each month, *after* 9.30am Family Mass.

Marriages Saturdays, by appointment, arranged at least six months in advance

Parish Office: Monday, Tuesday, Wednesday & Thursday: 9am to 3pm.
Phone 9315 7562. In case of emergency Fr Thoi 0403 140 510

St Brigid's This Week and Beyond

Dear Parishioners,

On Monday 12th June there will be no 9.30am, mass due to the King's birthday long weekend.

Our Confirmation formation classes are well underway and we appreciate the commitment of our families. On Sunday 18 June we will celebrate the Feast of the Sacred Heart .

Piety store - please check out our range of devotional gifts, open after our vigil Mass.

Volunteers - We always welcome volunteers to assist with reading, hospitality, sacristy, please contact the parish office as to which area/Mass you would prefer.

I am happy to announce that we have finally fixed the phones in the parish office, moving over to a new provider we hope that everyone will now be able to contact us.

Fr Thoi

Walk with Christ - 11 June

Join Catholics from across greater Sydney for the Walk with Christ procession through central Sydney to celebrate the Feast of Corpus Christi.

1.00pm: Festival in Martin Place

2.30pm: Procession begins from the corner of Martin Place and Pitt Street.

Why Pray?

A cloistered nun was asked why she prayed. 'Because I breathe,' she replied. People want to pray because 'they want to experience God's extraordinary presence in their ordinary lives'. However, prayer demands 'a slow and deliberate effort, a dedicated time for reflection, and an authentic response from our soul'. The effect of prayer is to see with the heart and respond appropriately. It brings peace to the spirit and facilitates the welling up in the heart of compassion, empathy, gratitude and hope. We also bring others before God as our way of supporting them through good times and bad.

Excerpted from Reimagining Religion: A Jesuit Vision by Jim Maher SJ (p.46)

ST BRIGID'S ST VINCENT DE PAUL REPORT

During the last financial year our Coogee conference has provided funding for blankets and bedding, furniture, white goods, food and vouchers to members of our local community that are experiencing difficulty. Our winter appeal will be held on the weekend Saturday 24th / Sunday 25th June.

Phil Docherty - President



ALTAR FLOWER ARRANGEMENTS

Arrangements can be donated to honor any special occasion. Donations can be made on a one-time basis or annually. The suggested donation for floral arrangements is \$100. Volunteers will then simply arrange your flowers for Sunday. Please advise your date at least one month prior to the date to you would like to dedicate the flowers.

Please call the parish office.



**Our
Blessing-cup is
a communion
with the
Blood of
Christ.**

PSALM 115

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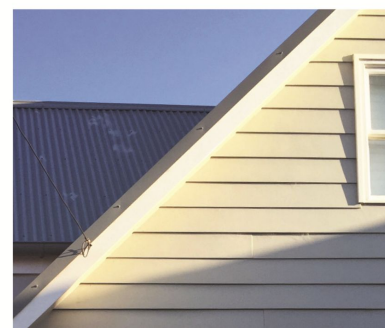
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A message from the Archdiocese of Sydney

Child sex Abuse is a crime.

The appropriate people to deal with a crime are the police. If you – or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org.

You may also want to speak to your Parish Priest, who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police. **St Brigid's Parish Coogee Safeguarding Officer is Sharon Waller.**